

# Developing Mediumship

(or any other life enriching endeavour)

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**1. Set a goal.**

If you don't have an outcome in mind it's all too easy to never get to where you want to go.

**2. Develop a plan to help you meet that goal.**

That plan should include such things as:

- Identifying places where you'll meet people of like minds.
- Research at the library including books, tapes, videos on the focus of your goal so you'll better understand the subject of your interest and how best you might achieve your goal.

**3. Putting your plan into action.**

When you've narrowed your search to a specific item (in this case mediumship and how to develop it) you need to contact places where you can receive training. Find out when and where meetings are held and if circles are run are they open or closed.

**4. Joining a Development Circle.**

There are lots of circles to choose from in the city of Calgary. The trick is to know which one will be best suited for your particular need. This may take time to sort out, but then anything worth doing will take time. Remember the development of mediumship requires: *Time*, rather than hard work; *Study* and above all else *Patience*. Despite what so many 'weekend' workshops may promise, there is nothing "instant" about mediumship.

Why should you sit in a circle instead of on your own:

- It creates a stable and nurturing environment.
- It creates a common ground with others.
- It offers an excellent support group.
- It offers the opportunity to share experiences.
- It helps to create discipline.
- It offers an opportunity to assist in the development of others while working toward your own.
- It offers the assistance of a teacher who can guide in your development.

Although a group atmosphere is preferable you should never compare your development to others (in or outside of the group). We develop our spiritual and psychic gifts by working to the best of *our* abilities. By comparing our progress to that of others we erect a barrier that will slow down the very development we are so desirous of.

**5. Forms of mediumship include: Message mediumship; Inspirational mediumship; Healing mediumship and Physical mediumship.**

- Message mediumship comes by way of clairvoyance (clear seeing), clairaudience (clear hearing), or clairsentience (clear sensing). These are the forms you will see most often demonstrated from a public platform. These are also the most commonly developed.
- Inspirational mediumship comes as a verbal message or as the written word inspired by a spirit communicator with the intent to encourage and uplift.

- Healing mediumship comes by contact or distant healing.
- Physical mediumship is demonstrated by 'table turning', direct voice, materialization, apportionment, automatic writing, transfiguration and trance (deep or controlled).

**6. What forms will we experience tonight?**

- All of the above.

Although the circle offers an opportunity to develop your inner sensitivity the time between circles is just as important. You must be your own taskmaster if you want to succeed at becoming the very best medium you can be.

Take time each day to sit in quiet meditation and ask for spirit's assistance. This will strengthen the link between yourself and spirit, which in turn will assure optimum results. There are no limitations as to what can be accomplished.

Don't settle for mediocrity in your development, as long as you're willing to give it your best effort your spirit partner will support you.